

CHARLEMONT SENIOR SCHEDULE

September 2010 Schedule

The Charlemont Senior Center is located in the Social Rooms of the Charlemont Federated Church, 175 Main St., Charlemont, tel. 339-4201. Hot meals are available Wednesdays at Noon. Contact Linda Reynolds, Site Manager, by 11:00 A.M. the day before, tel. 339-5324.

See [www.charlemont-ma/us](http://www.charlemont-ma.us) for new and continuing programs.

September programs are:

*Each Tuesday in September – 9:45 a.m. Bus leaves Senior Center, Federated Church parking lot, for shopping at Big Y Plaza, phone FRTA 774-2262, ext. 105, 48 hours prior to pick up. Return trip from Big Y Plaza at 11:30 a.m.

*Wednesday, September 1 - 10:30 a.m. - 1:00 p.m.
Blood pressure checkups by Trice Hyer, R.N. Walk-ins, all ages welcome, no charge. Noon meal.

*Wednesday, September 8- 10:30 a.m. - 1:00 p.m.
Council on Aging meeting; visiting, Noon meal.

*Wednesday, September 15 - 10:30 a.m. - 1:00 p.m.
Brown Bag Food Distribution. Foot clinic with Kip Moeller, R.N. Call 337-6681 or Senior Center 339-4201 to make or cancel and appointment. Noon meal.

*Wednesday, September 22 - 10:30 a.m. - 1:00 p.m.
End of Summer picnic lunch weather permitting.

*Wednesday, September 29 - 10:30 a.m. - 1:00 p.m.
Games, visiting, Noon meal.