

CHARLEMONT SENIOR CENTER
March 2010 Schedule

The Charlemont Senior Center located at 175 Main St serves the towns of Charlemont, Hawley, Rowe and Monroe, tel. 339-4201. Hot meals are available Wednesdays at Noon. Contact Linda Reynolds, Site Manager, by 11:00 A.M. the day before, tel. 339-5324. See www.charlemont-ma.us for new and continuing programs.

March programs are:

*Each Tuesday in March – 9:45 a.m. Bus leaves Senior Center, Federated Church parking lot, for shopping at Big Y Plaza, phone FRTA 774-2262, ext. 105, 48 hours prior to pick up. Return trip from Big Y Plaza at 11:30 a.m.

*Wednesday, March 3 – 10:30 a.m. – 1:00 p.m. Blood pressure check-ups by Trice Hyer, R.N. Walk-ins welcome, any age, free; Noon meal.

*Wednesday, March 10 – 10:30 a.m. – 1:00 p.m.
11:30 a.m. Re-scheduled educational 911 Program with handouts supplied by State 911 Department; Noon lunch.

*Wednesday, March 17 – 10:30 a.m. – 1:00 p.m. Brown Bag Food Distribution; Foot clinic, Kip Mueller, R.N., phone 339-4201 to make or cancel an appointment; Noon meal.

*Wednesday, March 24 – 10:30 a.m. – 1:00 p.m.
Socializing and Noon meal.

*Wednesday, March 31 – 10:30 a.m. – 1:00 p.m.
Games and visiting Noon meal.